

Overcoming Discouragement Nehemiah 4:6-12

4 common causes of discouragement:

- 1) I get discouraged when I am exhausted.

- 2) I get discouraged when I am frustrated.

- 3) I get discouraged when I feel inadequate.

- 4) I get discouraged when the opposition grows stronger.

How to overcome Discouragement:

1. Reorganize whatever is not working.

2. Refocus on God.

3. Resist the discouragement.

4. Don't Give Up